The power of a God filled life  
As a father I am keenly aware of the power of my influence over the lives of my sons...an influence I try my best to be a power for good in their lives.  
  
My own father has been a powerful influence in my own life, a very successful man ...a strong man...but a man with a great love for the Bible, the Word of God...I quickly recognised it was his love for the Word of God and prayer that was the secret of his strength, and have sought to embrace his example in my own life...if ever there was a time to do that it is now...  
Jude 3-7 summarises some of what we are contending with in our day. Verses such as these are not only becoming hugely unpopular but even considered controversial in our day...  
  
The Bible is under attack (extreme disruption orders) and if we don't establish our hearts in the Word of God and prayer we will be like buildings with no foundation and will quickly collapse under pressure. Lk 22: 39-46...difference between Jesus' and the disciples response to pressure ( being in agony, He prayed more earnestly...the disciples slept from sorrow), determined what happened in their moment of crisis. We need to be aware that we have an enemy who according to Jesus (Mk 4)does everything he can to get the Word of God out of our hearts, primarily through distraction, lust, the deceitfulness of riches, and the worries of day to day life. We must combat this and " let the Word of Christ dwell in us richly !" And learn to live from our secret place relationship with the Father.  
  
Chinese Pastor... " every day I eat a little meat and lots of potatoes"  
Word & Spirit...  
  
Psalm 1 contrasts the life of the godly with the life of the wicked  
  
We have a choice to make...and I want to help you choose to give Jesus first place in your life by reminding us of the benefits of a life filled with His Word...  
1. Success, freshness, and consistency of life : Ps 1:1-3  
2. Cleansing from & victory over sin : Ps 119:9-11 , 1 Jn 2:14, Eph 5:26-27  
3. Direction & guidance in life : Ps 119: 105  
4. Prosperity that works in any situation : Josh 1:8  
5. Life & health for the physical body : Pr. 4 : 20-22  
6. Discernment : Heb 4:12  
7. Genuine freedom : Jn 8: 31-32  
8. Restoration to the soul : Ps 19:7  
9. Wisdom for life : Ps 19:7  
10. Reveals our true condition, like a mirror : Js 1: 21-25...keeping us in humility & integrity  
11. Gives us faith : Rom 10:17  
12. Make you wise for salvation through faith which is in Christ Jesus : 2 Tim 3:15  
13. Sound teaching, godly correction, practical instruction for right living, so that we can be complete or whole, and thoroughly equipped for every good work : 2 Tim 3:16  
14. God's nature imparted to us : 1 Pet 1:23  
15. The assurance that every promise of God is personally watched over by God Himself and He will see that it comes to pass in our lives : Isa 55:10-11, Jer 1:12  
16. New birth into a living hope : 1 Pet 1:23  
  
The Scriptures are to be read, declared, meditated on, and obeyed , but above all they are to lead us into a relationship with Jesus Christ, the One of Whom they testify...He is the Living Word...so read His Word relationally...talk to Him in prayer before, during, and after reading His Word...  
Is there a promise to claim ? A sin to avoid, or confess ? A command to obey ? An example to follow ? What does this passage tell me about God the Father/ the Son/ the Holy Spirit / about man /me ? The devil ? The world ? Etc...  
Create time to spend with God ..." Your Father, who is in the secret place..."  
Jesus' example ..." Multitudes came together to hear Him and be healed by Him of their diseases, so He Himself often withdrew into the wilderness and prayed." ( Lk 5:15-16).